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○ SEP. | ○ 2013

ΛΓ Chapter *newsletter*

CULTURE IS PRIDE, PRIDE IS SUCCESS

National Retreat in Minnesota

This past June, the Lambda Gamma Chapter was able to send two delegates, Kelsey Kazmar and Katrina Pino, to the National Sigma Lambda Gamma Retreat in Minnesota for the weekend. The two were able to meet and bond with sisters from chapters across the nation. As a sorority, we learned about the empowerment of women and how to integrate the Journey into our daily lives and recruitment. There were a number of meetings, discussions, and activities that we attended to brainstorm and share ideas with sisters from chapters across the nation. It wasn't all business, though; there were times for us to just interact with each other! We would share strolls, tell stories from the past year, and exchange information to keep in touch with one another. It was a wonderful experience for our two delegates, Kelsey and Katrina. They were able to bring back a lot of information to the chapter that we are going to be implementing throughout the year!

Welcome new members Katelynne Adams and Lindsey Haines!

The Lambda Gamma Chapter is pleased to announce that we are welcoming a new academic advisor to our group! While we have the second highest GPA of the sororities at UW, Brian works with each of us on an individual level. He is one of the hardest working SLG recruiters on campus! We decided that he could help us maintain our focus on academics throughout the academic year on an entire chapter level as well. Our chapter advisor, Angela Jaime, is excited to have an assistance advisor on her team who can help her support us in any way possible. Our advisors work very hard for us, and they are great cheerleaders for SLG! We want to thank them for all that they do for us each semester!



Members are working concession stands at Cowboy football games this Fall to help raise money for the Chapter.

New and Graduated Sisters

Internal Cultural Education



As we begin this semester, we would like to extend our love and best wishes to Dara Anderson and Elizabeth Cleverdon. These two ladies reached the end of their journey here at the University of Wyoming last Spring. Both are moving forward with their professional careers and education, doing great things and making a huge difference in the world.

They made a lasting impact on the Lambda Gamma Chapter in their time with us, and they are missed everyday!

Hermanas Por Vida.

We were also able to welcome two new sisters into the Lambda Line of our chapter last spring, Katelynne Adams and Lindsey Haines. They completed the eight week Journey and were initiated into the sorority as associate members in May. We are excited to see what the future holds for our two new sisters!

This year, we are implementing an internal cultural education program to help raise awareness about cultures that are not represented in our chapter. In November, Kelsey and Lindsey will be presenting, hosting a dinner at their house with some of the country's traditional meals and celebrating. Ireland and China are the countries they have chosen to explore, and Katrina and Katie will choose. We decided this would be a fun and educational way to meet our ongoing cultural awareness goals, while adding our personal styles and interests to make it great!



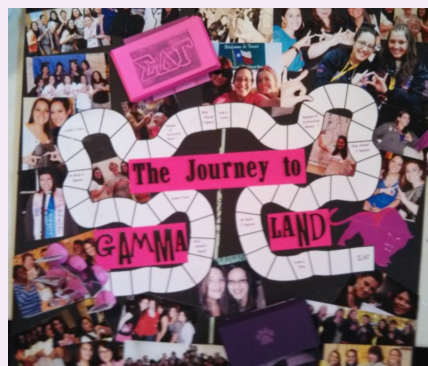
The Journey to Gammaland

I am sure that most of you have heard about the recent changes regarding new member education. The national headquarters, as well as chapters nationwide, have instituted a program called The Journey. This program really helps new members learn a lot about themselves as women, undergraduate students, and sorority sisters by teaching them emotional intelligence and giving them tools to em-

power others around them! During the summer, I decided to develop a fun way to learn all of our histories, the Greek alphabet, a few. Although this information

was important information and this was important information I wanted to make it fun and gives members incentive and

information while avoiding negative consequences or punishments when members may not know the information off the top of their heads. I am really proud of this board game and it took a lot of planning and energy to execute it so I wanted to share it with all of you!



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Gamma Love,
Katrina

Last semester, our chapter put on a tamale fundraiser to help raise money to send delegates to National Retreat. The fundraiser was a huge success! Thank you to everyone who participated for making so many great things possible for Sigma Lambda Gamma!

After the induction of the Lambda Line, Katie and Lindsey, the opportunity arose for a new and creative community service project. Because the girls are "La Unidad Perfecta", they came together with the project idea of building raised flower beds for the Laramie Care Center. It was the decision of the chapter to move forward with producing two raised flower beds that were large enough to have two wheelchairs rolled up under at a time. Because this was a larger community service project, it was necessary to come up with our own funding. Although Katie's father was generous enough to donate the wood and man power necessary to build the framework, we still needed materials for the finishing touches and day-of-preparation materials. We were able to raise money in two ways: through a breakfast burrito fundraiser and the local Wal-Mart, which provided us with \$100 to go towards plants, soil, and paint. The burrito fundraiser was successful bringing in yet another \$100 to spend on the remaining supplies. It was the first major bonding project between the Lambda Gamma chapter and the Lambda Line. The project was a huge success! The residents of the nursing home were able to have an unusually exciting and social day, and the chapter was able to bond at a much higher level. Although we may not be doing raised flower beds again at the Laramie Care Center, the Lambda Gamma chapter is striving to find new ways to become more involved within our community on a regular basis!



Calendar of Events

▶ October 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Girls Fight Back	3	4	5
6	7 Study Table every Mon.	8 Business Meetings	9 Study Table every Wed.	10	11	12 Concession Stands
13	14	15	16	17	18 Latina Youth Conference	19 CSU Game with Gammass?
20	21	22	23	25 24 Pink Pong, Walk a Mile in Her Shoes	26	26
-----Bras for a Cause!-----						
27	28	29	30	31 Safe Treat		

In November, we will be hosting a sugar skull workshop with MEChA, working concession stands, presenting and hosting dinners for our cultural education program, participating in Diversity Week, continuing with our study tables, and bonding of course!